



# Authentic Leadership Development

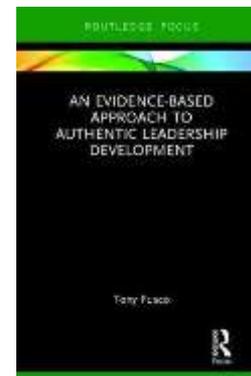
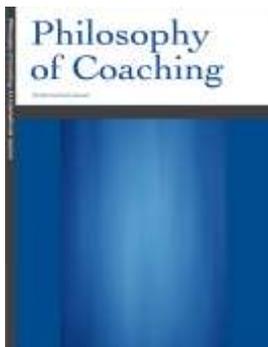
## Transformational Coaching for Senior Leaders

3D Leadership present a Transformational Coaching Programme for Senior Leaders  
Duration: 4 days over 6 months. Location: UK or International. Language: Business English

All leaders impact their organisations, but Authentic Leaders who lead with confidence, clarity and a sense of purpose have a significantly greater positive impact. This programme is suitable for senior leaders who want to explore their leadership values and purpose and achieve optimum levels of personal-professional congruence in their leadership role. Individuals explore important issues such as the influence of their personal history on their approach to leadership, the crucial impact of their psychological make-up, and the significance of their future leadership ambitions.

This evidence-based approach to ALD uses a past-present-future coaching format that has been proven to develop 6 key Authentic Leadership attributes as measured by the ALD360®. These include increased and enhanced levels of: Conscious leadership/Strategic leadership/Purposeful leadership/Self-regulation/Interpersonal Insight/Key Relationship Management.

Evidence of the success of this approach has been published in prestigious international journals such as those below along with a book on the subject: *An Evidence-based Approach to Authentic Leadership Development* (Routledge, 2018).





## ALD Coaching Programme Overview

This programme can be adapted for individual leaders, leadership peers or leadership teams.

### Day 1: The Coaching Platform

Exploration of existing leadership context and coaching goals. Assessment of ALD360<sup>®</sup> leadership attributes and Leadership Temperament.

### Day 2: 'The Past' - Leadership Values

Exploring personal value systems and how this influences approaches to leadership.

### Day 3: 'The Present' - Leadership Personality

Assessing temperament and exploring how this guides leadership focus and priorities.

### Day 4: 'The Future' - Leadership Purpose

Exploring the deeper significance of long-term leadership ambitions.

What previous participants say?

*"This programme takes a completely different approach to the normal standard leadership training most people at a senior level have done many times. The attractiveness of this for me was that it was completely unique, taking a completely different approach"*

*"A colleague of mine had been on the programme and it was clear that it was having a profound impact on him. It was making him step back to reassess his goals and vision for where he wanted to be - it was clearly having a deep impact on him."*

*"It's been quite inspirational for me because it's something I refer to all the time and I've never done that about any other leadership development programmes I've done previously."*

*"Regular leadership programmes that I've been involved with have generally been 'here's a box of tools and you use the tools like this, whereas this has been at a much, much deeper level. It was such an exciting and invigorating environment to be in."*

*"It's been 3 years since the programme took place and my initial thought was, actually I've forgotten quite a bit of what we learned, but I haven't forgotten, it's all embedded, it's all intertwined with my daily activities now and it's become part of who I am and how I operate."*